

# MOUNTAIN BIKING

SKANDERBORG SØ CAMPING

*- A Scenic Camp Site in Denmark*



Foto: Miljøministeriet, Naturstyrelsen

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# Mountain biking near Skanderborg Sø Camping

In this brochure you will find the relevant rules for mountainbiking (MTB biking) in Danish forests, an explanation of the different difficulty levels of mountainbiking, and lastly, suggestions to good MTB tracks in the area surrounding the camp site.

## The Mountain Bike Codex

### Cycle where it is allowed

- In the nature, you are only allowed to cycle on roads and paths
- Avoid cycling on horseback trails, hiking trails, etc. outside the forest roads
- Do not cycle on ancient monuments, burial mounds, dykes or stairs
- Do not cycle in private forests from sunset to 6am the next morning

### Cycle responsibly

- Adjust your speed and keep your distance
- Cycle together, – remember your helmet, phone, 112 app and health card
- Avoid the track when it is very wet. Use only robust tracks and forest roads

### Be considerate

- Drive at a leisurely pace when meeting other forest visitors
- Use the bell - or a verbal "ding-ding" when needed
- Do not throw your waste in the nature
- Avoid places with many forest visitors, and protect the animals and plants



# Explanation of MTB difficulty levels



## **Green arrow:**

Very easy route for all MTB riders. The track consists of dirt roads and wide gravel paths. Relatively flat with moderate climbs.



## **Blue arrow:**

Easy route for MTB riders with basic skills. There are moderate climbs but it may include short steep stretches.



## **Red arrow:**

Medium route for the experienced MTB rider. Challenging uphill and downhill runs. Expect drops, potholes, larger roots and rocks, narrow passages and single tracks.



## **Black arrow:**

Difficult route for the expert rider. The track consists of steep challenging uphill and downhill runs. Expect bigger drops, jumps, holes and rocks with intense singletracks.



## **Orange arrow:**

Extremely difficult route with specialized challenges and often high-risk cycling. Usually a steep downhill course with large constructed obstacles and jumps.



## MTB tracks in the area

Skanderborg and Ry offer a large selection of MTB tracks that appeal to both beginners with basic skills as well as expert riders looking for more technical challenges.

See a selection of some of the best tracks in the area, below:

### ▲ Skanderborg Sø Camping

#### ● Baneskoven, Skanderborg

A blue track of approx. 5 km with a starting point at both ends.

#### ● Junges Plantage, Skanderborg

The track is blue throughout with two red ramps. Alternates between very narrow and technically demanding passages and more open passages.

#### ● Danmarks Tag, Gammel Ry

The track is red throughout with a few black ramps. One of the country's best MTB tracks with challenging climbs, wooded paths and a magnificent view.

#### ● Siim Skov, Ry

The track is blue with some red ramps. The track is 7 km long with a good flow throughout.

